

Richmond Hill Age-Friendly Community Strategy



The City of Richmond Hill is taking steps toward becoming an Age-Friendly Community — a community providing opportunities for people of all ages to participate in activities that keep everyone healthy and included in community life.

Age-friendly communities support aging with dignity, respect, and independence, and promote the inclusion of older adults in all areas of community life. The World Health Organization (WHO) **Age-friendly Cities Framework** proposes eight interconnected domains to help identify and address barriers to the well-being and participation of older people:



Outdoor Spaces and Buildings

The external environment has a major impact on the mobility, independence, and quality of life of older people as they go about their daily lives beyond the comfort of their homes.



Community and Health Care

Accessible and affordable community and health services are crucial in keeping seniors healthy, independent, and active.



Transportation

Accessible and affordable public transport is key to ensuring a city's older population is able to age actively and remain engaged with their community, with access to health and social facilities.



Civic Participation and Employment

An age-friendly city and community provides ample opportunities for older people to continue contributing to their communities, be it through voluntary or paid employment, and keeps them engaged in the political process.



Housing

The housing conditions, such as design, proximity to services, affordability, and safety of older people, are often linked to their quality of life and whether they are able to age independently and actively in their community.



Communication and Information

Staying connected with events, news and activities with timely, accessible, and practical information is a key part of active ageing, especially with the trend of information overload in urbanized cities.



Respect and Social Inclusion

An inclusive society encourages older people to participate more in their city's social, civic and economic life.



Social Participation

Participating in leisure, social, cultural and spiritual activities in the community fosters seniors' continued integration with society and helps them stay engaged and informed.