



Richmond Hill Lifesaving Club 2026-2027 Practice Schedule

	# Practices	September	October	November	December	January	February	March	April	May	June
Monday	31	28	5,19,26	2,9,16,23,30	7,14	4,11,18,25	1,8,22	1,8,22,29	5,12,19,26	3,10,17,31	7
Tuesday	35	22, 29	6,13,20,27	3,10,17,24	1,8,15	5,12,19,26	2,9,16,23	2,9,23,30	6,13,20,27	4,11,18,25	1,8
Wednesday (Competitive Group)	21					13,20,27	3,10,17,24	3,10,24,31	7,14,21,28	5,12,19,26	2,9
Thursday	35	24	1,8,15,22,29	5,12,19,26	3,10,17	7,14,21,28	4,11,18,25	4,11,25	1,8,15,22,29	6,13,20,27	3,10
Friday	34	25	2,9,16,23,30	6,13,20,27	4,11,18	8,15,22,29	5,12,19,26	5,12	2,9,16,23,30	7,14,21,28	4,11
Sunday	34	27	4,11,18,25	1,8,15,22,29	6,13,20	10,17,24,31	7,14,21,28	7,14,21	4,11,18,25	2,9,16,23,30	6

Registration includes participation at RHLC Games and the required RHLC swim cap.

2026 Exclusion & Important Dates

Halloween – Saturday, October 31, 2026
 Thanksgiving – Monday, October 12, 2026
 Fall RHLC Games – Saturday, December 12, 2026
 Winter Break – Monday, December 21, 2026 – Sunday, January 3, 2027 (Inclusive)

2027 Exclusion & Important Dates

Family Day – Monday, February 15, 2027
 March Break – Monday, March 15 – Friday, March 19, 2027
 Winter RHLC Games – Saturday, March 20, 2027
 Good Friday – Friday, March 26, 2027
 Easter Sunday – Sunday, March 28, 2027
 Victoria Day – Monday, May 24, 2027
 Ontario Junior Lifesaving Championships - Pool – June 12-13, 2027

(updated: July 22, 2026)